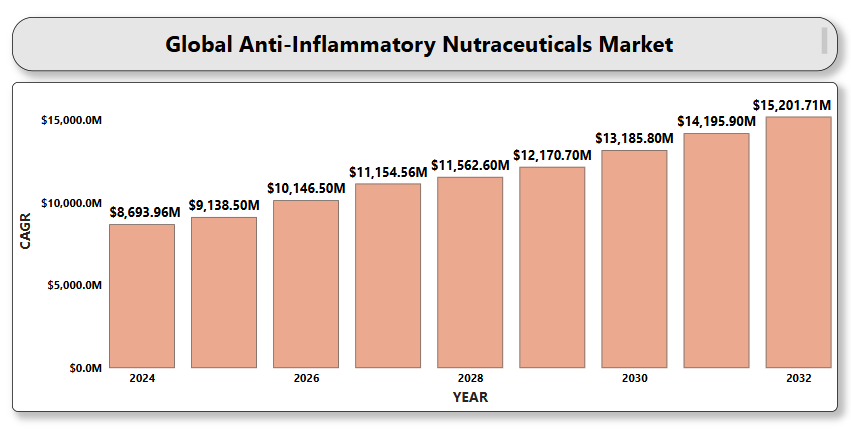
A close-up of hands holding a tablet and a pen

Description automatically generated**Global Anti-Inflammatory Nutraceuticals Market**

According to Intelli, the Global Anti-Inflammatory Nutraceuticals Market size was valued at USD 8,693.96 Million in 2024 and is projected to reach USD 15,201.71 Million by 2032, growing at a CAGR of 7.73% during the forecast period 2024 to 2032.



In recent years, the global health landscape has witnessed a paradigm shift toward preventive and integrative approaches to wellness. At the forefront of this movement are anti-inflammatory nutraceuticals, bioactive compounds derived from natural sources that offer therapeutic benefits beyond basic nutrition. Chronic inflammation, recognized as a silent contributor to a multitude of non-communicable diseases including cardiovascular disorders, diabetes, neurodegenerative conditions, arthritis, and even certain cancers, has underscored the need for safe and effective long-term strategies to modulate inflammatory pathways. Anti-inflammatory nutraceuticals offer a compelling alternative to conventional pharmaceutical treatments by addressing inflammation through a holistic and multi-targeted approach. While synthetic anti-inflammatory drugs typically act on specific molecular targets, such as COX-2 inhibitors or corticosteroids, and are often associated with adverse effects during long-term use, nutraceuticals are generally derived from natural sources and exhibit a broader spectrum of activity with a more favorable safety profile. Compounds such as curcumin from turmeric, omega-3 fatty acids from fish oil, resveratrol from grapes, and flavonoids found in various fruits and vegetables have demonstrated significant anti-inflammatory potential. These bioactives exert their effects by modulating crucial inflammatory signaling pathways, including nuclear factor-kappa B (NF-κB), cyclooxygenase-2 (COX-2), and pro-inflammatory cytokines like TNF-α and IL-6. By influencing these pathways, nutraceuticals help regulate immune responses, mitigate oxidative stress, and restore cellular homeostasis, thereby offering a more integrated and sustained means of controlling inflammation. This unique ability to act on multiple targets simultaneously makes anti-inflammatory nutraceuticals valuable not only in managing chronic inflammatory diseases but also in preventing their onset through routine dietary inclusion.

**Global Anti-Inflammatory Nutraceuticals Market Definition**

The Global Anti-Inflammatory Nutraceuticals Market refers to the international industry encompassing the research, development, production, distribution, and sale of bioactive A close-up of hands holding a tablet and a pen

Description automatically generatedfood-derived products specifically formulated to prevent or reduce inflammation and support immune health. This market encompasses a diverse array of products including dietary supplements, functional foods, health beverages, and naturally derived compounds, such as curcumin, omega-3 fatty acids, resveratrol, flavonoids, and polyphenols.

**Global Anti-Inflammatory Nutraceuticals Market Overview**

The growth of the global anti-inflammatory nutraceuticals market is being driven by a combination of health, lifestyle, and demographic factors. A major driver is the rising prevalence of chronic inflammatory conditions such as arthritis, cardiovascular diseases, diabetes, obesity, and neurodegenerative disorders, which has increased the demand for natural, preventive healthcare solutions. Growing awareness among consumers about the long-term side effects of synthetic anti-inflammatory drugs is also pushing the shift toward safer, food-based alternatives. Additionally, the aging global population, which is more susceptible to inflammatory ailments, is fueling demand for nutraceuticals that support healthy aging. A growing body of scientific evidence supporting the effectiveness of natural anti-inflammatory compounds has significantly boosted consumer trust and encouraged more favorable regulatory frameworks. This scientific validation not only reinforces the credibility of nutraceutical products but also paves the way for their broader acceptance in both medical and wellness communities. At the same time, there is a marked rise in global health consciousness, with consumers increasingly seeking clean-label, organic, and plant-based alternatives that align with preventive health strategies. This shift in consumer preferences is fueling the demand for functional foods and dietary supplements that are integrated into daily wellness routines. In parallel, innovations in extraction technologies and advanced formulation techniques are enhancing the bioavailability, stability, and potency of active ingredients, making these products more effective and appealing. Additionally, aggressive marketing campaigns, influencer-driven promotions, and the rapid growth of online retail platforms have made anti-inflammatory nutraceuticals more visible and accessible, particularly in developing regions where awareness is rapidly increasing. These combined factors are contributing to the sustained expansion and diversification of the global anti-inflammatory nutraceuticals market.

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Description automatically generated**Global Anti-Inflammatory Nutraceuticals Market Segmentation**

The global anti-inflammatory nutraceuticals market can be segmented based on product type, source, application, form, distribution channel, and geography. Each segment provides a detailed view of how the market is structured and which areas are driving growth.

**Global Anti-Inflammatory Nutraceuticals Market, By Product Type**

* **Dietary Supplements**
* **Functional Foods**
* **Functional Beverages**

The global anti-inflammatory nutraceuticals market, when segmented by product type, is dominated by dietary supplements, which hold the largest market share due to their convenience, concentrated formulations, and widespread consumer acceptance. Functional foods represent a rapidly growing segment, driven by consumer preferences for natural and preventive health solutions integrated into everyday diets. These include fortified cereals, dairy products, and snack bars enriched with anti-inflammatory compounds like omega-3s, curcumin, and flavonoids. Functional beverages, including infused teas, health drinks, and smoothies, are also gaining traction, particularly among health-conscious younger demographics, due to their palatability and ease of consumption.

**Global Anti-Inflammatory Nutraceuticals Market,** **By Source**

* **Plant-Based**
* **Animal-Based**
* **Microbial-Based**

The global anti-inflammatory nutraceuticals market, segmented by source, is primarily led by plant-based products, which command the largest market share. Animal-based nutraceuticals, particularly those rich in omega-3 fatty acids sourced from fish oil, continue to hold a significant portion of the market due to their well-documented efficacy in managing inflammation related to cardiovascular and joint health. Meanwhile, microbial-based sources, such as probiotics and fermented bioactives, are emerging as a promising segment, driven by expanding research on the gut-immune-inflammation axis and the role of microbiota in systemic inflammatory responses.

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Description automatically generated**Global Anti-Inflammatory Nutraceuticals Market,** **By Application**

* **Joint and Bone Health**
* **Cardiovascular Health**
* **Diabetes and Metabolic Disorders**
* **Immune System Support**
* **Neurological Health**
* **Skin Health and Anti-Aging**

The global anti-inflammatory nutraceuticals market, categorized by application, spans a wide range of health concerns, reflecting the broad therapeutic potential of these bioactive compounds. Joint and bone health remains the leading application segment, driven by the high global prevalence of arthritis, osteoporosis, and other age-related musculoskeletal disorders. Cardiovascular health is a significant segment within the anti-inflammatory nutraceuticals market, supported by mounting evidence that links chronic inflammation to the development of heart disease. This connection has fueled increased demand for omega-3 fatty acids and polyphenols, both known for their beneficial effects on heart function and vascular health. Similarly, the global rise in diabetes and metabolic disorders has driven greater use of anti-inflammatory nutraceuticals aimed at regulating blood glucose levels and mitigating inflammation-associated insulin resistance. Immune system support has become a crucial focus, especially in the aftermath of the pandemic, as consumers actively seek natural, antioxidant-rich compounds and bioactive plant ingredients to bolster their immune defenses. The neurological health segment is rapidly growing as well, with scientific studies emphasizing the impact of chronic inflammation on neurodegenerative diseases like Alzheimer’s, sparking interest in compounds such as resveratrol and omega-3 fatty acids for their neuroprotective and cognitive-enhancing properties. Additionally, the demand for skin health and anti-aging solutions continues to rise, with ingredients like collagen peptides, vitamins, and botanical extracts being widely incorporated into beauty and wellness products to address inflammation-driven skin aging and promote a youthful appearance.

**Global Anti-Inflammatory Nutraceuticals Market, By Form**

* **Capsules and Tablets**
* **Powders**
* **Liquids**
* A close-up of hands holding a tablet and a pen

  Description automatically generated**Softgels and Gummies**
* **Teas and Drinks**

The global anti-inflammatory nutraceuticals market, categorized by form, features a diverse range of delivery formats designed to meet varying consumer preferences and enhance product efficacy. Capsules and tablets dominate the market due to their convenience, precise dosing, and long shelf life, making them the preferred choice for many consumers seeking targeted anti-inflammatory support. Powders are gaining popularity for their flexibility, allowing users to easily mix them into smoothies, juices, or meals, thereby integrating nutraceuticals seamlessly into daily diets. Liquids offer rapid absorption and are favored by individuals who prefer easier-to-consume formats, often appearing in functional tonics and health shots. The rising demand for palatable and enjoyable options has driven the growth of softgels and gummies, which combine convenience with taste, appealing especially to younger demographics and those averse to swallowing pills. Teas and functional drinks represent a growing trend, providing natural, flavorful ways to consume anti-inflammatory ingredients while aligning with increasing consumer interest in wellness beverages.

**Global Anti-Inflammatory Nutraceuticals Market, By Region**

* **North America**
* **Europe**
* **Asia-Pacific**
* **Latin America**
* **Middle East & Africa**

The global anti-inflammatory nutraceuticals market is geographically segmented into key regions, each contributing uniquely to market dynamics. North America leads the market, driven by high consumer awareness, well-established healthcare infrastructure, and strong regulatory support for nutraceutical products. The region’s growing aging population and rising prevalence of chronic inflammatory diseases further bolster demand. Europe closely follows, with increasing investments in research and development, widespread adoption of preventive healthcare, and a strong inclination toward natural and organic products shaping market growth. The Asia-Pacific region is witnessing the fastest expansion, fueled by rising disposable incomes, rapid urbanization, increasing health consciousness, and the revival of traditional herbal medicines combined with modern nutraceutical A close-up of hands holding a tablet and a pen

Description automatically generatedinnovations. Emerging markets in Latin America are also gaining traction due to growing awareness of lifestyle-related diseases and improving healthcare access. Meanwhile, the Middle East & Africa region is gradually developing its nutraceutical sector, supported by expanding health infrastructure and a young, health-conscious population eager to adopt preventive wellness solutions.

**Key Players**

The “Global Anti-Inflammatory Nutraceuticals Market" study report will provide valuable insight emphasizing the Global market. The major players in the Market Nestlé, Pfizer Inc., Amway, Herbalife Nutrition, GlaxoSmithKline, Abbott Laboratories, BASF SE, DSM Nutritional Products, Nature’s Bounty, Now Foods, GNC Holdings, The Himalaya Drug Company, Bio-Tech Pharmacal, Inc., Garden of Life, NutraScience Labs, Bayer AG, Solgar, Swisse Wellness, Herbaland, Jarrow Formulas, Nature’s Way, Lonza Group, MegaFood, Pharmavite LLC, Unilever, Glanbia Nutritionals among others. Our market analysis also entails a section solely dedicated to such major players wherein our analysts provide an insight into the financial statements of all the major players, along with product benchmarking and SWOT analysis.

**Key Developments**

* In 2024, a significant innovation emerged within the Global Anti-Inflammatory Nutraceuticals Market with the approval of Nutriterra® Total Omega-3 by Health Canada's Natural and Non-prescription Health Products Directorate. This plant-based canola oil, rich in DHA, EPA, and ALA, was recognized for its heart and brain health benefits, offering a sustainable and eco-friendly alternative to traditional fish-derived omega-3 sources.
* In 2024, the Global Anti-Inflammatory Nutraceuticals Market saw a notable advancement with the collaboration between Vita Actives and Brudy Technology to launch UbiOmega, a high-concentration DHA product derived from both fish and algae sources.

**Market Attractiveness**

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Description automatically generatedThe image of market attractiveness provided further helps to get information about the region leading in the Global Anti-Inflammatory Nutraceuticals Market. We cover the major impacting factors driving the industry growth in the given region.

**Porter’s Five Forces**

The image provided would further help to get information about Porter's five forces framework providing a blueprint for understanding the behavior of competitors and a player's strategic positioning in the respective industry. Porter's five forces model can be used to assess the competitive landscape Global Anti-Inflammatory Nutraceuticals Market, gauge the attractiveness of a particular sector, and assess investment possibilities.

A close-up of hands holding a tablet and a pen

Description automatically generatedTABLE OF CONTENT

**1 INTRODUCTION OF** **GLOBAL ANTI-INFLAMMATORY NUTRACEUTICALS MARKET**

* 1. Overview of the market
  2. Scope of report
  3. Assumptions

1. **EXECUTIVE SUMMARY**
2. **RESEARCH METHODOLOGY**
   1. Data Mining
   2. Validation
   3. Primary Interviews
   4. List of Data sources
3. **GLOBAL ANTI-INFLAMMATORY NUTRACEUTICALS MARKET OUTLOOK**
   1. Overview
   2. Market Dynamics
      1. Drivers
      2. Restrains
      3. Opportunities
      4. Trends
   3. Portes Five FORCE Model
   4. Value Chain Analysis

**5 GLOBAL ANTI-INFLAMMATORY NUTRACEUTICALS MARKET, BY PRODUCT TYPE**

5.1 Overview

5.2 Dietary Supplements

A close-up of hands holding a tablet and a pen

Description automatically generated5.3 Functional Foods

5.4 Functional Beverages

**6 GLOBAL ANTI-INFLAMMATORY NUTRACEUTICALS MARKET, BY SOURCE**

6.1 Overview

6.2 Plant-Based

6.4 Animal-Based

6.5 Microbial-Based

**7** **GLOBAL ANTI-INFLAMMATORY NUTRACEUTICALS MARKET,** **BY APPLICATION**

7.1 Overview

7.2 Joint and Bone Health

7.3 Cardiovascular Health

7.4 Diabetes and Metabolic Disorders

7.5 Immune System Support

7.6 Neurological Health

7.7 Skin Health and Anti-Aging

1. **GLOBAL ANTI-INFLAMMATORY NUTRACEUTICALS MARKET, BY FORM**
   1. Overview
   2. Capsules and Tablets
   3. Powders
   4. A close-up of hands holding a tablet and a pen

      Description automatically generated Liquids
   5. Softgels and Gummies
   6. Teas and Drinks
2. **GLOBAL ANTI-INFLAMMATORY NUTRACEUTICALS MARKET, BY REGION**
   1. Overview
   2. North America
   3. Europe
   4. Asia-Pacific
   5. Latin America
   6. Middle East & Africa
3. **GLOBAL ANTI-INFLAMMATORY NUTRACEUTICALS MARKET COMPETITIVE LANDSCAPE**
   1. Overview
   2. Company Market Ranking
   3. Key Developments Strategies
4. **COMPANY PROFILES**

**11.1 Nestlé**

* + 1. Overview
    2. Financial Performance
    3. Product Outlook
    4. Key developments
  1. A close-up of hands holding a tablet and a pen

     Description automatically generated**Pfizer Inc.**
     1. Overview
     2. Financial Performance
     3. Product Outlook
     4. Key developments
  2. **Amway**
     1. Overview
     2. Financial Performance
     3. Product Outlook
     4. Key developments
  3. **Herbalife Nutrition**
     1. Overview
     2. Financial Performance
     3. Product Outlook
     4. Key developments
  4. **GlaxoSmithKline**
     1. Overview
     2. Financial Performance
     3. Product Outlook
     4. Key developments
  5. **Abbott Laboratories**
     1. Overview
     2. Financial Performance
     3. Product Outlook
     4. Key developments
  6. **BASF SE**
     1. A close-up of hands holding a tablet and a pen

        Description automatically generatedOverview
     2. Financial Performance
     3. Product Outlook
     4. Key developments
  7. **DSM Nutritional Products**
     1. Overview
     2. Financial Performance
     3. Product Outlook
     4. Key developments
  8. **Nature’s Bounty**
     1. Overview
     2. Financial Performance
     3. Product Outlook
     4. Key developments
  9. **Now Foods**
     1. Overview
     2. Financial Performance
     3. Product Outlook
     4. Key developments
  10. **GNC Holdings**
      1. Overview
      2. Financial Performance
      3. Product Outlook
      4. Key developments
  11. **The Himalaya Drug Company**
      1. Overview
      2. A close-up of hands holding a tablet and a pen

         Description automatically generatedFinancial Performance
      3. Product Outlook
      4. Key developments
  12. **Bio-Tech Pharmacal, Inc.**
      1. Overview
      2. Financial Performance
      3. Product Outlook
      4. Key developments
  13. **Garden of Life**
      1. Overview
      2. Financial Performance
      3. Product Outlook
      4. Key developments
  14. **NutraScience Labs**
      1. Overview
      2. Financial Performance
      3. Product Outlook
      4. Key developments
  15. **Bayer AG**
      1. Overview
      2. Financial Performance
      3. Product Outlook
      4. Key developments
  16. **Solgar**
      1. Overview
      2. Financial Performance
      3. A close-up of hands holding a tablet and a pen

         Description automatically generatedProduct Outlook
      4. Key developments
  17. **Swisse Wellness**
      1. Overview
      2. Financial Performance
      3. Product Outlook
      4. Key developments
  18. **Herbaland**
      1. Overview
      2. Financial Performance
      3. Product Outlook
      4. Key developments
  19. **Jarrow Formulas**
      1. Overview
      2. Financial Performance
      3. Product Outlook
      4. Key developments
  20. **Nature’s Way**
      1. Overview
      2. Financial Performance
      3. Product Outlook
      4. Key developments
  21. **Lonza Group**
      1. Overview
      2. Financial Performance
      3. Product Outlook
      4. A close-up of hands holding a tablet and a pen

         Description automatically generatedKey developments
  22. **MegaFood**
      1. Overview
      2. Financial Performance
      3. Product Outlook
      4. Key developments
  23. **Pharmavite LLC**
      1. Overview
      2. Financial Performance
      3. Product Outlook
      4. Key developments
  24. **Unilever**
      1. Overview
      2. Financial Performance
      3. Product Outlook
      4. Key developments
  25. **Glanbia Nutritionals**
      1. Overview
      2. Financial Performance
      3. Product Outlook
      4. Key developments

1. **KEY DEVELOPMENTS**
   1. Product Launches/Developments
   2. Merges and Acquisitions
   3. Business Expansions
   4. A close-up of hands holding a tablet and a pen

      Description automatically generated Partnerships and Collaborations
2. **Appendix**

13.1 Related Research